

MuGard[®]

Mucoadhesive Oral Wound Rinse



Effective management of oral mucositis

What is oral mucositis?

Oral mucositis (MYEW-ko-sy-tiss) is a common side effect of radiation therapy and chemotherapy treatment. It causes the lining (mucosa [MYEW-ko-zuh]) of the mouth, gums, cheeks, tongue, lips, and throat to become inflamed and break or split. It also may cause redness and dry mouth, with pain and sores that become infected. This may make it difficult to eat, drink, swallow, or speak.

Oral mucositis can cause cancer treatment to be reduced or delayed. Some patients with severe cases may need to be hospitalized.

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What is MuGard[®]?

MuGard is a liquid oral rinse to help manage oral mucositis. It coats the mucosa that lines the inside of the mouth and throat and forms a soothing, protective coating. *MuGard* can provide relief from the sores and ulcers of oral mucositis.

MuGard[®] Mucoadhesive Oral Wound Rinse is indicated for the management of oral mucositis/stomatitis (that may be caused by radiotherapy and/or chemotherapy) and all types of oral wounds (mouth sores and injuries), including aphthous ulcers/canker sores and traumatic ulcers, such as those caused by oral surgery or ill-fitting dentures or braces.



Why did my doctor prescribe *MuGard*?

Your doctor has prescribed *MuGard* because you are getting ready to undergo cancer treatment. Chemotherapy and radiation therapy can cause some uncomfortable side effects, including oral mucositis. When taken during cancer treatment, *MuGard* can significantly lessen mouth and throat soreness, as shown in a clinical study.

Working together to manage the suffering caused by oral mucositis

Is *MuGard* easy to use?

Yes, and it's a good idea to have your supply of ready-to-use *MuGard* before your cancer treatment starts. *MuGard* should be taken each day during your chemotherapy or radiation therapy. Each day, gently pour 5 mL of *MuGard* into your mouth and rinse for 1 minute, or longer if possible. It is recommended that you do this 4 to 6 times a day.

Ensure that you allow *MuGard* to coat all parts of the oral cavity. If needed, you may take up to 10 mL of *MuGard* to fully coat the inside of your mouth. If swishing is too painful, you may spread *MuGard* throughout the mouth by gently rolling your head. It is safe to swallow excess *MuGard*, or you can spit it out if you prefer.

Special Precautions for Use: Avoid eating or drinking for at least one hour after rinsing with *MuGard*. After use, replace the bottle cap and tightly seal the bottle. Do not use this product after the expiration date shown on the carton and product label. Do not use *MuGard* if you are allergic to any of its ingredients. Dilution of the product prior to use is not recommended.

Who should NOT use *MuGard*?

Patients who are allergic to any of the ingredients in *MuGard* should not use it.

How do I get *MuGard*?

MuGard is available by prescription only. AMAG Pharmaceuticals makes it simple for patients to have a *MuGard* prescription filled. Through our specialty pharmacies, the *MuGard* Patient Reimbursement and Support Center (MPRSC) works to have *MuGard* delivered directly to you as quickly as possible. The MPRSC will contact you directly to verify your information. *It is very important that you speak with the MPRSC representative.* If you miss the call, **please call the MPRSC back as soon as possible at 888-514-7828** to ensure timely shipment of *MuGard*.

What can I do to help manage oral mucositis?

- Use MuGard[®] 4 to 6 times a day throughout your treatment.
- Brush your teeth gently with a soft-bristle toothbrush 3 times daily.
- Increase the amount of fluids you drink (make sure to wait 1 hour after rinsing with *MuGard*).
- Avoid foods that may irritate your mouth (such as spicy foods, citrus foods or drinks, tomatoes, and salted chips).
- If you wear dentures, clean them daily and remove them often to expose your gums to air.
- Do not use tobacco products.

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